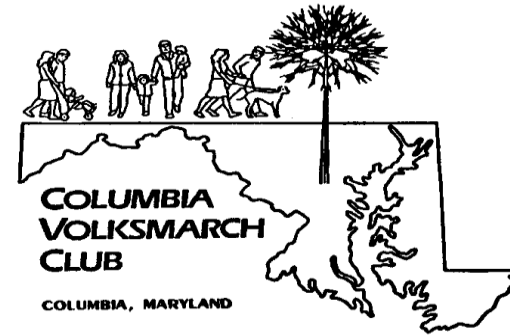


## 6 Year-Round Walks in Howard County Maryland



**January 1 to December 31, 2019**

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**1. Wilde Lake**  
5k/10k, rated 2A

**2. Columbia Mall**  
5k/10k, indoor rated 1A/outdoor rated 2A

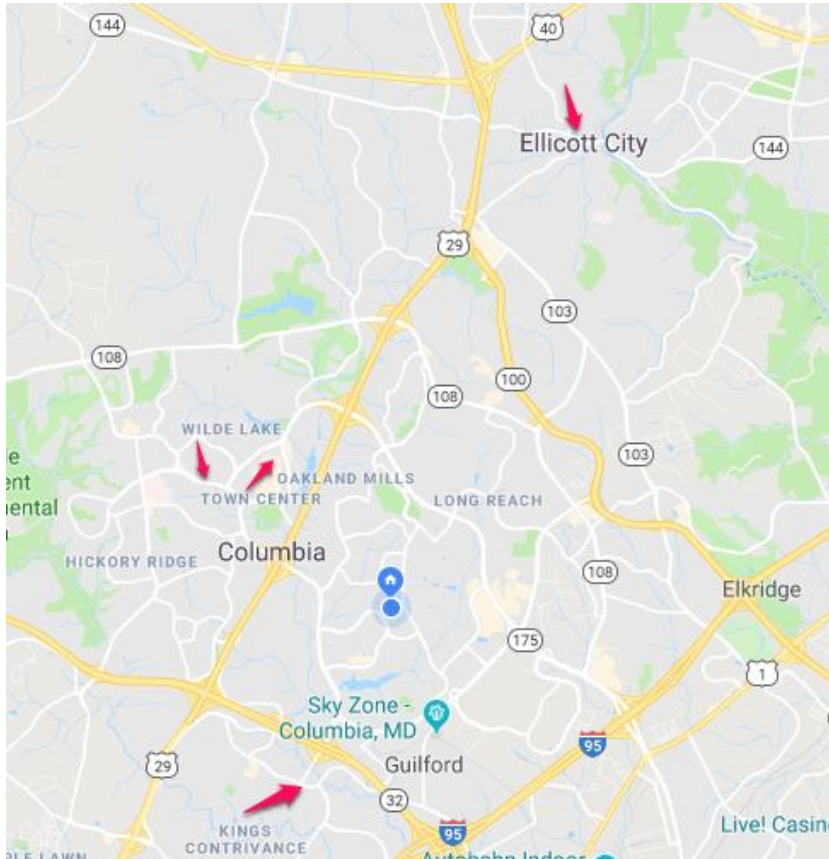
**3. Kings Contrivance**  
5k/10k/16k Walk rated 2A

**4. Lake Elkhorn**  
5k/10k, rated 2A

**5. Ellicott City / Oella**  
5k/10k/20k, rated 2B

**6. Centennial Lake / Estates**  
5k/10k/15k, rated 1A

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**With support from  
Feet First,  
Howard County Recreation & Parks,  
Starbucks at Columbia Mall,  
McDonald's of Kings Contrivance**



**America's Walking Club**

**Sanctioned by:** The American Volkssport Association (AVA), a member of the International Federation of Popular Sports (IVV).



**Eligibility:** All are welcome to participate without charge but must register at the registration point. Children under 12 must be accompanied by an adult throughout the entire trail. Some trails are stroller accessible (see the specific Trail Description for additional information). Dogs are permitted. Howard County laws require that pets be leashed at all times and pet owners must clean up after their pets.

**Registration:** There will be no pre-registration for these events. Employees at the registration point may not be familiar with folksporting or the event registration procedures. Please be considerate, keeping in mind that patrons of our co-sponsors come first. You register by completing a start card and the registration form, to include reading and signing the Amateur Athletic Waiver and Release of Liability on the registration form. The start card must be validated at each checkpoint and mailed or turned in at the finish. Trail directions are provided.

**Conditions:** Please walk only in reasonable weather conditions. Sections of the trails may become extremely treacherous during prolonged cold periods after ice or snowstorms. Littering along the trails is strictly prohibited. Restrooms are available at or near all registration locations or at establishments along the trails. Drinks and food are available for purchase at or near registration locations or along the walk routes.

**Disclaimer:** Neither the Columbia Volksmarch Club nor our co-sponsors, nor the Columbia Association shall be liable for accidents, thefts, or material damage. Every reasonable effort is made to make these walks safe, enjoyable, and memorable events. CVC accepts no responsibility for those who have not registered.

**Credit:** IVV event credit and distance credit are unlimited; an IVV credit fee of \$3 \*\* must be paid each time a course is walked, but you may complete the same course twice in one day for one fee. Walking for no credit is free.

\*\* Frequent Walkers: CVC offers a reduced rate of \$2.00 applicable the second time you walk the same CVC event in the same year.

\*\* Families: CVC offers a \$10 maximum rate for families with minor children living together.

**Award:** There are no awards for these walks.

## Ellicott City & Oella

2019/Y216; 5k/10k/20k Walk, Rated 2B

**Registration/Start Point:** Roger Carter Community Center, 3000 Milltowne Drive (formerly Mt. Ida Drive), Ellicott City, MD 21043; Open 7AM-9 PM.

NOTE: Closed in 2019 on Jan 1, Apr 16, Nov 23-24, and Dec 25.

**Directions From the Baltimore Beltway (I-695),** take Exit 16, I-70 West toward Frederick. Follow I-70 about 4.5 miles and take Exit 87-A, Route 29 South toward Columbia.

Follow directions "From Route 29" below.

**From the South and East:** From I-95, take Route 100 West toward Ellicott City (Exit 43B). At end of Route 100, take Route 29 North toward Ellicott City. Follow directions "From Route 29" below.

**From Route 29,** Follow Route 29 to the Route 40 East, Ellicott City exit. Exit Route 29 and follow Route 40 East to the traffic signal at Rogers Ave. Turn RIGHT on Rogers Ave and follow for ½ mile to intersection of Rogers Ave and Court House Drive. Keep LEFT and follow Court House Drive. Turn RIGHT just past the Howard County Office Complex toward "Ellicott City Historic Dist." on Ellicott Mills Drive. Turn RIGHT onto Milltowne Drive.

**Trail Description:** These trails go through downtown Ellicott City primarily on sidewalks. The 10 km trail continues to the entrance of the Hollofield area of Patapsco State Park along road shoulders. The converted Trolley Trail is currently under construction but may be included at a later date. While strollers may do this trail, it is not recommended for wheelchairs. Pets are allowed but must be leashed.

## Centennial Lake / Estates

2019/Y1757; 5k/10k/15k Walk, Rated 1A

**Registration Point:** Roger Carter Community Center, 3000 Milltowne Drive (formerly Mt. Ida Drive), Ellicott City, MD 21043; Open 7AM-9 PM.

NOTE: Closed in 2019 on Jan 1, Apr 16, Nov 23-24, and Dec 25.

**Directions:** See Ellicott City Directions.

You will drive 5 miles from Registration at Roger Carter Center to walk route start point.

**Trail Description:** These trails are along asphalt paths around Centennial Lake. The 10 km extends on residential roads into Centennial Estates. The 15 km goes into Burleigh Manor and the Preserve. Suitable for strollers but not wheelchairs. Pets are allowed but must be leashed. Restrooms are available at the Registration Point and in Centennial Park.

## Wilde Lake

2019/Y1042, 5k/10k Walk, Rated 2A

**Registration/Start Point:** Feet First Athletic Footwear, Wilde Lake Village Center, 5305 Village Center Dr., Columbia, MD 21044. Phone: (410) 992-5800.

Open Mon-Fri 10am-9pm; Sat 10am-6pm; Sun 11am-5pm.  
Closed New Years, Easter, Thanksgiving, and Christmas.  
Note: Walkers must finish walk during Feet First operating hours to receive credit and stamp books. You must start the walk 3 hours before store closing or sunset (whichever is earlier).

**Directions: From Baltimore, MD,** take I-95 South.

**From Washington D.C.,** take I-95 North.

**From Interstate 95,** take Route 175 West (Exit 41) toward Columbia for 5 miles.

After crossing over Route 29, Route 175 becomes Little Patuxent Parkway. Continue towards Columbia Town Center for two traffic lights and turn right onto Governor Warfield Parkway. At the second traffic light, turn right onto Twin Rivers Rd. After 1/2 mile (2<sup>nd</sup> traffic light), turn left onto Lynx Lane into the Wilde Lake Village Center. Pass CVS and Left to far end of Village Center parking lot. Park and cross Village Center Dr to Feet First.

**Trail Description: *New Trail for 2019.*** These trails feature the Village of Wilde Lake and Beaverbrook. The 10 km trail continues through Columbia Town Center. It is along sidewalks, asphalt paths and lightly traveled residential streets; Suitable for strollers but not wheelchairs.



The Columbia Volksmarch Club  
is a proud member of the  
**MARYLAND VOLKSSPORT ASSOCIATION**

## Columbia Mall

2019/Y1663; 5k/10k/20k Walk; Rated 1A / 2A (outdoor)

**Registration /Start Point:** Starbucks Coffee Columbia Mall, 10300 Little Patuxent Parkway, Columbia, MD 21044. Phone: (410) 992-5974.

Open Mon-Fri 6:30am-9:30pm; Sat 7am-10pm; Sun 8:30am-7pm.

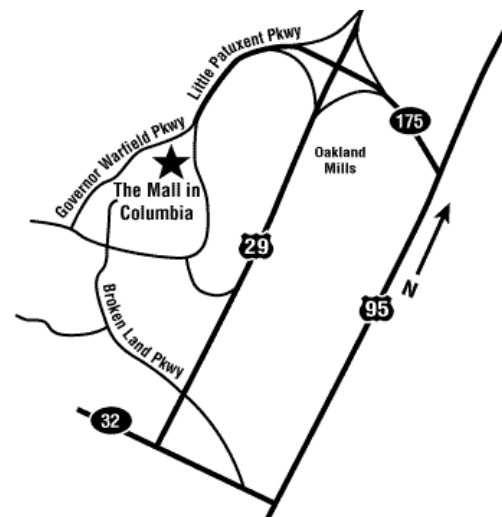
**Directions:** From Washington, DC, take I-95 North. From Baltimore, take I-95 South. From I-95, take Route 175 West toward Columbia (Exit 41B). Follow approximately 5 miles. After crossing MD Rte. 29, Route 175 becomes Little Patuxent Parkway. Continue towards the Mall in Columbia for two traffic lights and turn right onto Governor Warfield Parkway. At first traffic light, turn left toward Mall. Turn right past Nordstrom's & theatres. Starbucks is in the Mall on the second level by Sears and Carousel.

The Gray Walk Box is by the outside door.  
Please look there before asking an employee for it.

**Trail Description:** Two 5k/10k trails. One completely inside; one completely outside. You may walk either or both.

**Inside Trails:** are completely inside the Mall in Columbia. It is suitable for strollers and wheelchairs. Pets are not allowed.

**Outside Trails:** are on sidewalks and paths. It goes around Lake Kittamaquidi and past Wilde Lake.



## Lake Elkhorn

2019/Y370, 5k/10k Walk, Rated 2A

**Registration Point:** McDonald's of King's Contrivance, 8600 Guilford Road, Columbia MD 21046. Phone: (410) 381-7938.

**Hours & Directions:** See Kings Contrivance.

There are two 5km trails. One starting at Registration which includes a portion of the Patuxent Branch Trail. The other which circles Lake Elkhorn and requires a 3-mile drive from Registration to Trail Head.

The 10k trail starts at Registration and includes both 5k trails.

**Trail Description:** *New Trail in 2019.* These trails are along sidewalks and asphalt paths within the Columbia Villages of King's Contrivance and Owen Brown. They are predominantly shaded; Suitable for strollers but not wheelchairs. Pets are allowed but must be leashed. Restrooms and refreshments are available at Registration.

## Points of Contact:

**Mail:** 6887 Garland Lane, Columbia MD 21045

**Phone:** John or Karen Dye (410) 290-6510;  
Tony Willoughby (410) 461-5758

**e-mail:** johndye@comcast.net  
arwill7@msn.com  
karendye@comcast.net

## Laser Cut Stamp

Please note: **Ink the stamp lightly** and do a trial stamp on a piece of paper (e.g., the walk directions) before stamping in your IVV book. The new stamp has shallow characters and is quite flat. **It does not require as much ink or pressure** as the old stamps. Too much ink will result in a smudged imprint.

## Kings Contrivance

2019/Y740, 5k/10k/16k Walk, Rated 2A

**Registration/Start Point:** McDonald's of King's Contrivance, 8600 Guilford Road, Columbia MD 21046.

Phone: (410) 381-7938.

**Hours:** Mon-Sat 6am-10pm; Sun 7am-10pm.  
Closed Thanksgiving and Christmas.

**Directions:** From Baltimore, MD, take I-95 South. From Washington D.C., take I-95 North. From I-95 take Exit 38B (Route 32 West) to the second exit (Shaker Drive) and turn right to cross over Route 32. Go past two traffic lights and turn left into the King's Contrivance Village Center. Park near McDonald's.

**Trail Description:** These trails are along sidewalks, asphalt and hard packed paths through housing areas and park-like settings in the Columbia Village of King's Contrivance. The 10 km/16 km trails include a two-kilometer section of the Patuxent Branch Trail that CVC has adopted. The 16 km trail goes around Lake Elkhorn. Some parts of the trail have slight to moderate inclines. It is suitable for strollers but not wheelchairs. Pets are allowed but must be leashed. Restrooms and water are available at the start.

## Web Sites of Interest

Columbia Volksmarch Club:  
<http://www.mdvolks.org/CVC>

Maryland Volkssport Association  
<http://www.mdvolks.org>

American Volkssport Association  
<http://www.ava.org>

