

SANCTION: This event is sanctioned by the American Volkssport Association (AVA), a member of the International Federation of Popular Sports (IVV). This event counts for acquisition of IVV achievement awards. Event number 2010/AT/84022

SPONSOR: Virginia Vagabonds (AVA 365)

DATE: Saturday, April 3, 2010

START POINT: Old Chickahominy House, 1211 Jamestown Road, Williamsburg, VA

DISTANCE: There is one 5-kilometer (3.1 mile) trail and one 10-kilometer (6.2 mile) trail. The walk may be completed a second time for credit at no additional fee.

ELIGIBILITY: Everyone! Children under 12 must be accompanied by an adult. Groups are welcome.

START AND FINISH TIMES: The walk will start between **9:00 AM and 10:00 AM**. Finish by **1:00 PM**. **Lunch will be at noon** (so plan your start time for the walk accordingly) with the club meeting and social time to follow.

FEES: Credit only fee is \$3.00. There is no fee just to walk the trail. B Medals from previous events will be available for \$1. Profits from these events will be used to fund camp scholarships for under-privileged Boy Scouts and Girl Scouts. There will be no refunds of any monies paid.

PROCEDURES: At the start point, each participant will be issued their own start card, which must be signed and personally presented at the control points for stamping. The individual start cards will be turned in at the finish table after completing the event.

CONDITIONS: Pets are permitted on this event; however, they must be on a 6-foot leash. Pets are **NOT** permitted in the Start Point. Water will be available at the start point and at the checkpoint. Litter must be deposited in the designated containers. This event will be held regardless of most weather conditions.

IVV CREDIT: All previous participants of IVV events are reminded to bring their IVV books to this event. You may purchase new books at the

event.

COURSE DESCRIPTION: Trail rating 2+. The trail will be along the sidewalks on Jamestown Road and on the nature trails of The College of William and Mary. The trail is suitable for strollers and wheelchairs.

FOR FURTHER INFORMATION: Please call Sam or Annette Tollett, 757-766-3065, or email: runsbears@yahoo.com or ahtollett@yahoo.com.

DISCLAIMER OF LIABILITY: The sponsor of this event nor the City of Williamsburg nor the Old Chickahominy House, cannot be held responsible for any lost or stolen items, accidents, or injury. The sponsor will make every reasonable effort to make the event safe, educational and enjoyable.

LUNCH: Today, we will order lunch directly from the menu at the Old Chickahominy House. They recommend that we order Miss Melinda's Special which includes a cup of Brunswick Stew, Old Virginia Ham on Hot Biscuits, Fruit Salad, Homemade Pie, Coffee or Tea for \$8.95. They have other sandwich and salad options available

WHAT IS A VOLKSMARCH?

A non-competitive outdoor event where a participant follows a marked trail at his/her own pace, stopping at points for a "control stamp", rest, and refreshments. Volksmarches are aimed at getting all people, regardless of age, out-of-doors to exercise non-competitively. Many senior citizens participate regularly. Many parents bring their children with them, carrying infants (or use strollers or wagons where the terrain allows).

EVERYONE IS A WINNER! When awards are available, each participant who purchases a start card and pays the award fee receives an attractive commemorative award upon completion of the trail. Participants may enroll in the international (IVV) awards program by purchasing the proper record books (event, distance, or both). Completing all or part of the trail entitles the participant to a certification stamp for the record books. Upon completion of a record book, the owner receives a certificate, a hatpin, and a patch, in recognition of reaching a certain milestone.

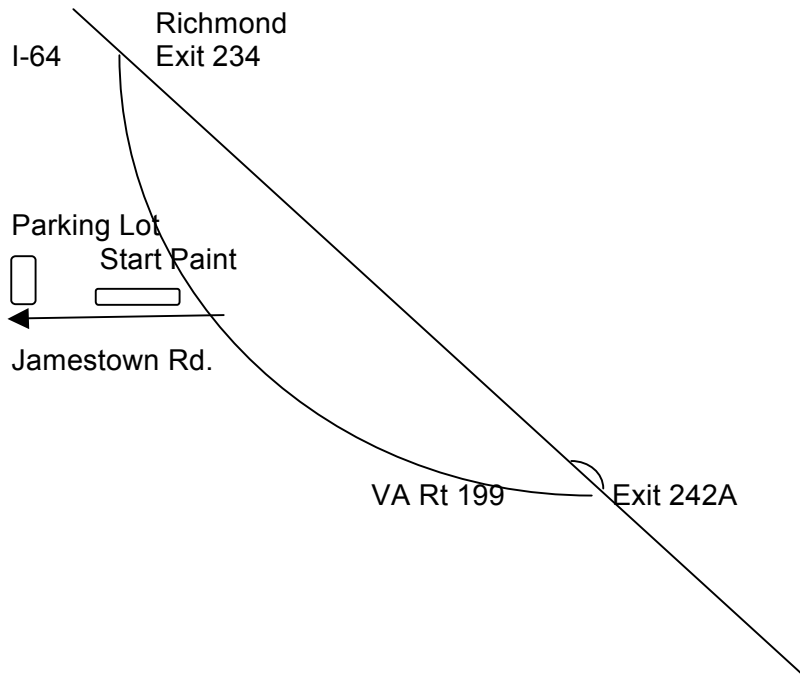
DIRECTIONS:

FROM NORFOLK AND HAMPTON:

Follow I-64 West to Exit 242A onto Virginia Route 199 West toward Williamsburg and Jamestown. Follow Virginia 199 West for 5.4 miles. Turn left on Jamestown Road, Virginia Route 31 South. The Old Chickahominy House will be on your right shortly after you turn. Park in the shopping center lot on the right just a short distance past the restaurant or on the shoulder of the side road just past the restaurant.

FROM RICHMOND:

Follow I-64 East to Exit 234. Turn right onto Virginia Route 199 East for 9 miles. Turn right on Jamestown Road, Virginia Route 31 South. The Old Chickahominy House will be on your right shortly after you turn. Park in the shopping center lot on the right just a short distance past the restaurant or on the shoulder of the side road just past the restaurant.



Hampton

VIRGINIA VAGABONDS

**OLD CHICKAHOMINY HOUSE
WILLIAMSBURG, VA**

WALK: 9 – 10 AM START

LUNCH: NOON

MEETING: 1 PM

CREDIT ONLY EVENT

April 3, 2010

5 Kilometer Walk (3.1 miles)

10 Kilometer Walk (6.2 miles)

Trail Rating: 1



**SANCTIONED
EVENT**



*Eligible for credit toward
IUV Achievement Awards*