

Kenwood Cherry Blossoms and Spring Flowers

10/11 km (6.2 or 6.8 miles) WALK with 5 km option
AVA 87894 - 2011/Y1091 - SEASONAL

March 18 to May 16, 2011

Starbucks Coffee, Bethesda, Maryland

Credit only event – AVA trail rating 1+

Sponsor: Seneca Valley Sugarloafers Volksmarch Club, Inc. (AVA 419), a member of the Maryland Volkssport Association.

Sanctioned by: The Maryland Volkssport Association and The American Volkssport Association, a member of the International Volkssport Verband.

Start/Finish: Starbucks Coffee, 4611-E Sangamore Rd., at The Shops at Sumner Place, Bethesda, MD 20816 (301) 320-9845.

Trail: The trail is 10 km (a 1 km add-on for Forts of the U.S. special program) with a 5 km option. AVA rating 1. The walk is on the Capitol Crescent Trail, city streets, and through neighborhoods with cherry blossoms or other spring flowers. It is suitable for strollers but not for wheelchairs. The 5 km option requires driving to a different start location. After the cherry blossoms are gone, azaleas and other spring flowers will be blooming.

Eligibility: We welcome everyone to walk with us. All participants must register and sign a waiver of liability. Each participant must carry a start card throughout the walk. Please turn the card in at the end of your walk. An adult must accompany children under 12 throughout the entire walk. Parents of minor children must sign a waiver of liability for the children.

Fees: Our walk is free. If you wish to receive IVV credit for the walk, you must pay \$3.00. There is no award for the event.

Cherry Blossom Information: Check the Washington Post or the National Park web site <http://www.nps.gov/cherry/cherry-blossom-bloom.htm> for the latest information about when the cherry blossoms will bloom. Kenwood is about 3 - 5 days behind the blossoms around the Tidal Basin

WALK DURING DAYLIGHT HOURS ONLY.

Web sites: www.ava.org & www.mdvolks.org & www.sugarloafers.org



AVA Special Programs: Forts of the United States (11km trail only), the A - Z program and America's Gardens.

Conditions: You may walk with a group or alone. Restrooms are available in the shopping center and along the trail. Pets are allowed but must be leashed at all times during the walk, and you must clean up after them. Pets are not allowed in the Sumner Place stores, but may be leashed outside. This walk will be held regardless of the weather, unless conditions cause the sponsors to close the trails for safety reasons.

Disclaimer: Neither the Seneca Valley Sugarloafers Volksmarch Club, Inc., Starbucks, nor The Shops at Sumner Place shall be liable for accidents, theft, or material damage. Every reasonable effort will be made to make this a safe, enjoyable, and memorable event.

Membership: Membership in the Sugarloafers is open to everyone interested in walking. For questions about membership, contact Carolyn at 301-926-0915 or cbthurber@verizon.net. Information on the walk is available by calling Jim Hathaway at 301-229-1356 or by sending e-mail to hathawayjd@aol.com

DIRECTIONS TO START POINT:

Start Point is at Starbucks Coffee, located in The Shops at Sumner Place, 4611-E Sangamore Rd., Bethesda, MD 20816
Hours: M-F 6am to 8pm, Sat and Sun 7am to 8pm

Washington Beltway (495) to exit 39, River Rd. (MD 190) towards Washington. Turn Right on Goldsboro (MD 614). Turn Left on Massachusetts Ave. (MD 396). Turn Right on Sangamore Rd. at the firehouse. Continue past The Shops at Sumner Place (4701 Sangamore Rd.) to STOP sign in front of the National Geospatial Agency. Turn Left for 1 block, and then turn Left again into The Shops at Sumner Place. Turn Right at the first intersection. Starbucks is in the middle of this strip of stores.

