

SANCTION: These events are sanctioned by the American Volkssport Association (AVA), a member of the International Federation of Popular Sports (IVV). These events count for acquisition of IVV achievement awards. Event numbers: 2018/AT/109921 and 2018/AT/109922.

SPONSOR: Gator Volksmarsch Club (AVA 013)

DATE: Saturday, May 5, 2017
Sunday, May 6, 2017

START POINT:
Holiday Inn Express, 3466 Lankford Highway, Exmore, VA 23350 (757) 442-5522. Participants will drive to the start of each event (Onancock – 15 miles, Exmore, VA – 1 mile). N37° 31.6915', W075° 49.8819'

DISTANCE: There is a 5-kilometer (3.1 mile) trail and a 10-kilometer (6.2 mile) trail. The walks may be completed a second time for credit at no additional fee.

ELIGIBILITY: Everyone! Children under 12 must be accompanied by an adult. Groups are welcome.

START AND FINISH TIMES: The walks will start between 9:00 AM and 1:00 PM. Finish by 4:00 PM.

TRAIL RATING:
Onancock, VA - Rated 1A. The walk is on the sidewalks in Onancock, VA.
Exmore, VA – Rated 1A. The walk is on the sidewalks and road shoulders in Exmore, VA.

FEES/AWARDS:
The credit only fee is \$3.00. There is no fee to just walk the trail. There will be no refund of any monies paid.

PROCEDURES: At the start point, each participant will be issued their own start card, which must be signed and personally presented at the control points for stamping. The individual start cards will be turned in at the finish table after completing the event.

CONDITIONS: Pets are permitted on this event, however, they must be on a 6-foot leash and are not permitted in the start point. Water will be

available at the start point and at the checkpoints. Restrooms available at the start/finish point. Litter must be deposited in the designated containers. These events will be held regardless of most weather conditions. Insect repellent is recommended for the Kiptopeke walk.

IVV CREDIT: All previous participants of IVV events are reminded to bring their IVV books to this event. You may purchase new books at the event.

COURSE DESCRIPTION:
Onancock, VA - Rated 1A. The walk is on the sidewalks in Onancock, VA. Trail is suitable for wheelchairs and strollers, and is mostly flat.

Exmore, VA – Rated 1A. The walk is on the sidewalks and road shoulders in Exmore, VA. Trail is suitable for wheelchairs and strollers, and is mostly flat.

FOR FURTHER INFORMATION: Please call Don Bradford at 757-576-0966, email gvcwalker64@hotmail.com or go online www.ava.org – Traditional Event.

DISCLAIMER OF LIABILITY: The American Volkssport Association or its subsidiary clubs are not responsible for theft or loss of personal belongings or property. All participants must sign a waiver.

DISCOUNTED HOTEL ROOMS:
The Gator Volksmarsch Club has reserved a block of rooms for Friday, May 4, 2018 and Saturday, May 5, 2018 at the Holiday Inn Express. The rate for two queen beds is \$89 plus tax. Use the code “Gators” for the discounted rate. You may call the hotel direct or book online.

Room reservations at the discounted rate must be made on or before April 20, 2018.

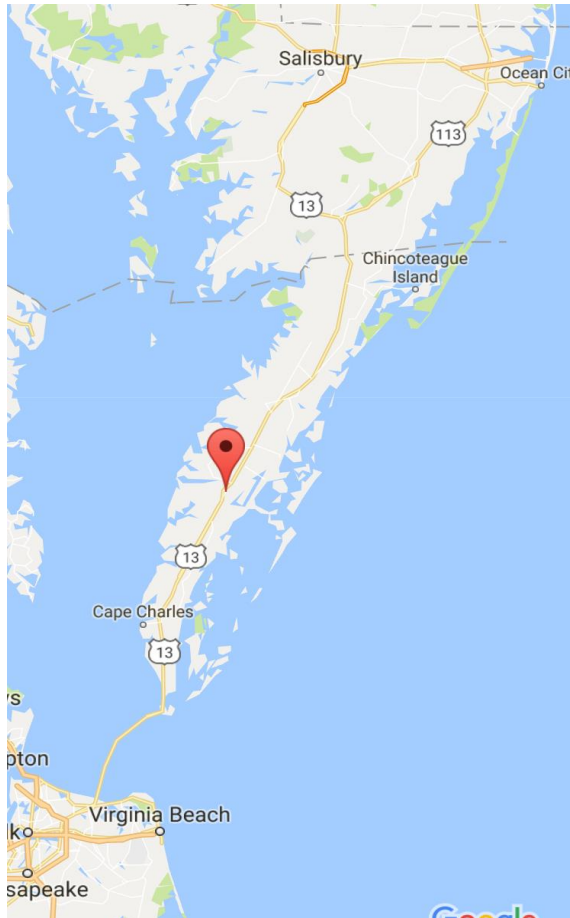
SPECIAL PROGRAMS
Exmore: Animal Safari, Ice Cream Parlors, Lady Liberty, Virginia Counties: Northampton
Onancock: Animal Safari, Bridges Spanning the USA, Ice Cream Parlors, Ports of Call, United States Post Offices, Walk the USA –

Street by Street, , Virginia Counties: Accomack

DIRECTIONS:

From the North: Take 13 South (Lankford Highway) to Exmore, VA. The Holiday Inn Express will be on your right.

From South and East: Take 13 North (Lankford Highway) to Exmore, VA. The Holiday Inn Express is on the left.



Gator Volksmarsch Club

May 5 and 6, 2018

Eastern Shore Extravaganza!



Onancock, Virginia

2018/AT/109921

5 Kilometer Walk (3.1 miles)/ 10 Kilometer Walk (6.2 miles)
Trail Rating: 1A

Exmore, Virginia

2018/AT/109922

5 Kilometer Walk (3.1 miles)/ 10 Kilometer Walk (6.2 miles)
Trail Rating: 1A

AVA: America's Walking Club



Eligible for credit towards IVV Achievement Awards

