



Loudoun Walking and Volkssport Club



18th Annual IVV Walk Claude Moore Park, Sterling, VA

(39° 01' 11" N / 77° 24' 23" W)

Saturday, June 2, 2018

5 & 10 Kilometer (3.1 & 6.2 Mile) Walks

Start: 21544 Old Vestals Gap Rd, Sterling, 20164. Pavilion I. Start 8:00 AM-1:00 PM; finish by 4:00 PM. Park in lot at start/finish.

Eligibility: Everyone may participate *without* charge (to be eligible for credit toward IVV Volkssport Achievement Awards a registration fee applies; no pre-registration).

Registration Fees: All participants must register at the start point. Participation is FREE. IVV Credit only is \$3.00. There is no pre-registration for this event; no refunds. (Walk 10 km second time for no additional fee.)

Route: gentle walk on natural surface, grassy trails; includes historic Vestals Gap Rd. AVA special programs: Boardwalks. [Rating 2C]

Accessibility: suitable for families with strollers and wagons, and with some difficulty for people in wheelchairs.

Water: Available free at the start/finish and control point.

Conditions: These walks will be held in all but severe weather conditions (e.g., heavy, prolonged rainfall). Some low-lying areas on the trail may be wet after a heavy rain.

Pets: Keep leashed; if they poop, please scoop. It's the law.

Restrooms: At the start/finish and control point.

Disclaimer: The walk is held in all but severe weather conditions. Some low-lying trail areas may be very wet after a heavy rain. The AVA and your sponsors have made every effort to make this walk safe and enjoyable; they are not responsible for the theft or loss of personal belongings or property. All participants will sign a waiver before walking.

For more information, contact Bob and Suzanne Wright, 43224 Cardston Place, Leesburg VA 20176-6459, 703-737-2175, rwright2@jhu.edu, www.loudounwalkingclub.org.

For more on volkssports: www.ava.org

About Claude Moore Park. Dr. Claude Moore, a George Washington University Hospital radiologist, purchased the historic land where this park resides. He later moved the Frogshackle Cottage from the Ashburn area. Dr. Moore intended that the land remain as open space, and in 1990 Loudoun County acquired it for a park, later adding farm buildings and a museum.

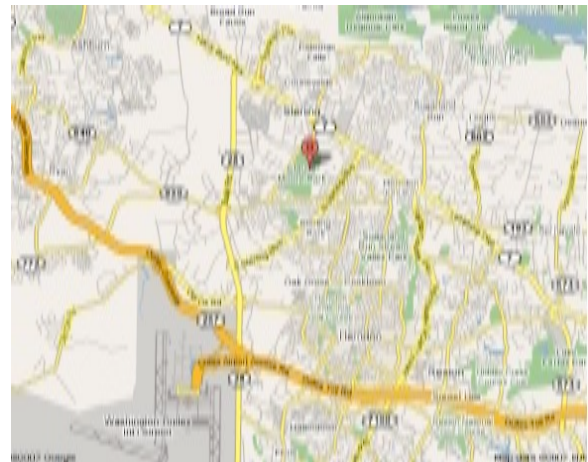


Sanction: This event is sanctioned by the American Volkssport Association (AVA), a member of the International Federation of Popular Sports (IVV). With registration for this event, and signing waiver and release of liability, the participant accepts the guidelines for AVA Volkssport events, and good sportsmanship. AT18-110772

Directions: (less than 30 minutes from the Beltway!)

Google Map © 2007 NAVTEQ™

From DC: take Route 7 toward Leesburg; at Cascades Parkway



in Sterling go southbound (second exit); after 2nd stop light make a left onto Old Vestal's Gap Road..

From south: Route 28 north; at light for Nokes Boulevard, right; at fourth light, right onto Cascades Parkway, then make next left onto Old Vestal's Gap Road.

From Leesburg: take Route 7 to Sterling; right on Cascades Parkway southbound (first exit); after 2nd traffic light make left onto Old Vestal's Gap Road.

Enjoy Loudoun County's Other IVV-sanctioned Walks

Lovettsville, VA (Town Oktoberfest) -- TBD

Year-round

Ashburn (1 IVV stamp)

Cascades—Algonkian Regional Park (1 IVV stamp)

Leesburg (2 different walks, 1 IVV stamp each)

Purcellville (1 IVV stamp)

Sterling (Claude Moore Park; 1 stamp)

