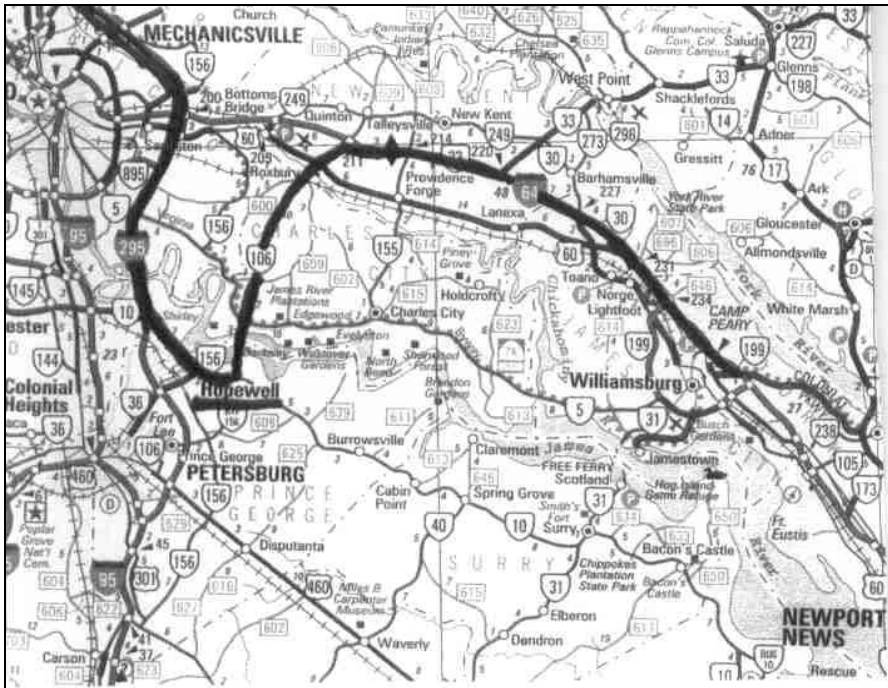


DIRECTIONS TO HOPEWELL, VIRGINIA

FROM I-95S: Take I-295 S to Exit # 15A, Route 10 East toward Hopewell. Route 10 becomes Randolph Road after crossing the Appomattox River Bridge. Continue on Randolph Road past John Randolph Hospital (on the left) and through two more traffic lights to Hardee's on the right, just before the underpass. Those coming from the Portsmouth/Chesapeake/Virginia Beach area might find traveling on Route 460 or Route 5 to be a more direct route.

I-64W: Take exit 211, Route 156. Continue, crossing Route 60. Right at light onto Route 10. Continue through several traffic lights. Immediately after the railroad underpass, turn left onto City Point Road, Hardee's is on the right.



LEE LEPUS VOLKSVERBAND

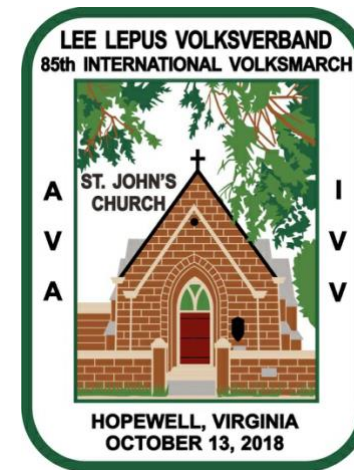
85th IVV/AVA

INTERNATIONAL VOLKSMARCH

OCTOBER 13, 2018

HOPEWELL, VIRGINIA

See inside for Special Event Programs



AT 18-109989 5 and 10 KM

TRAIL RATING 2-B



START/FINISH: Hardee's Restaurant, 310 W. Randolph Road, Hopewell, VA (THANK YOU, HARDEE'S) Additional parking is available in city parking lot next door.

START: Start between 9:00 a.m. and 1:00 p.m.

FINISH TIME: 4:00 p.m.

DISTANCE: 5 and 10 KM trail (3.1 & 6.2 miles). 10 KM route can be repeated one time at no additional fee.

TRAIL RATING: Rated 2-B; Very small hills or very little stair climbing, mostly on pavement except along the Appomattox River. Difficult for strollers, not suitable for wheelchairs along Appomattox River (unpaved) and some brick streets.

AWARD: Award is a 100 % embroidered patch depicting St John's Church; the basement was a stop on the Underground Railroad.

SANCTIONED: This event is sanctioned by American Volkssport Association (AVA), a member of the International Federation of Popular Sports (IVV).

IVV BOOKS: This event counts toward acquisition of IVV Achievement Awards. IVV event/distance books and new walker packets are available at the finish point at a cost of \$6.00 each.

ELIGIBILITY: This event is open to all; everyone is welcome. An adult must accompany children under the age of twelve.

PRE-REGISTRATION FORM

Must be received by October 10.

There is no refund for non-attendance.

Name	Award/IVV	Credit	Free
Last, First	Credit \$10.00	Only \$3.00	

Make checks payable to: **Lee Lepus Volksverband**
 Mail to: P.O. Box 2031
 Petersburg, VA 23804

CONDITIONS: The walk will be held regardless of most weather conditions. There will be no refunds. Participants are requested to observe all traffic laws and to place all litter in proper receptacles.

PETS MUST BE LEASHED!

No pets allowed in the start point. Restrooms at Hardee's.

REFRESHMENTS: Water will be available at start and control points.

DISCLAIMER: Sponsors of the volksmarch cannot be held responsible for lost/stolen items, accidents, or injuries occurring while on the walk. Every reasonable effort will be expended by the sponsors to make the event safe, enjoyable, and memorable.

FOR FURTHER INFORMATION: Dee Schrum 804/768-0055
 Cell 804/731-2863
 E-MAIL: dschrum4@comcast.net
 Betty Canoles 804/526-3526



SPECIAL EVENT PROGRAMS

- National Parks Centennial**
- Take a Walk in a City Park**
- United States Post Office**
- Walk the USA, Street by Street**
- Walking America's Ports of Call**
- Walking the Paths on Inventors**
- Underground Railroad**
- Virginia Cities (Virginia Program)**
- Walking the United States**
- Walking the USA A-Z**



LEE LEPUS VOLKSVERBAND sponsors three Year Round events in Richmond, one in Petersburg National Battlefield Park, one in Amherst and an event at Pocahontas State Park. We also have a seasonal at Henrico Deep Run Park, July to December. All trails are 5 and 10 km. Pick up our brochure at the walk or contact Dee Schrum at 804-768-0055/804-731-2863, or email at dschrum4@comcast.net for additional information. Access the internet at www.ava.org for information on traditional and Year Round/Seasonal events.