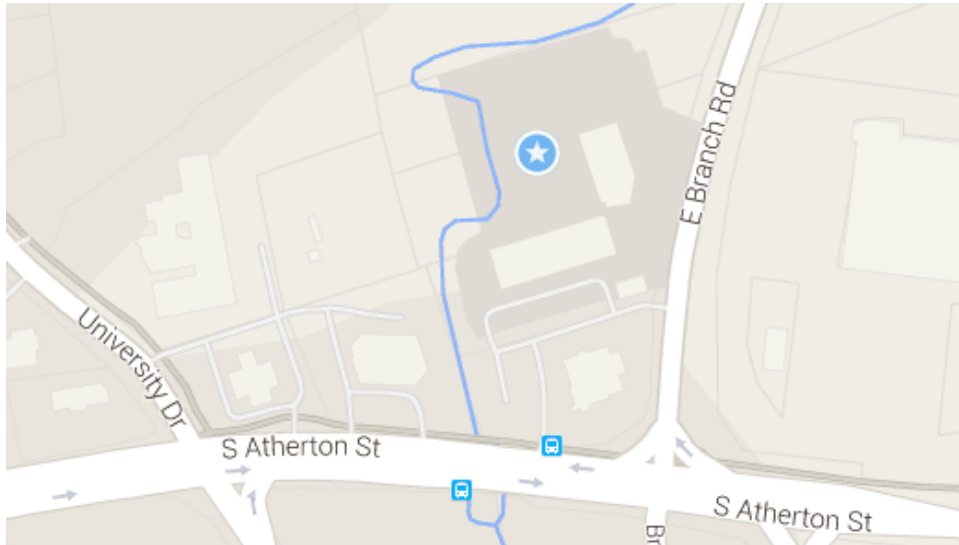


**DIRECTIONS TO:** Super 8 Motel, 1663 S. Atherton St., State College, PA. 16801

**From I-80:** Take Exit 161, Route 26 South to Bus Rt. 322, two miles east, on left.

**From Pittsburgh:** Route 22 East to I-99 North to Route 322 East on Business Route 322.

**From Harrisburg:** Route 322 West to Business Route 322. Turn right at the Branch Road exit, (I Hop Restaurant). Motel directly in back of IHOP. Parking available at Motel.



Join us for a "Pizza Party" on Friday, October 19, at 6 pm in the Super 8 Motel Meeting Room. Pizza, soda and water will be provided. The cost is only \$5 per person and space is limited.

Join us for a "Meet and Greet" on Saturday, October 20, at 6 pm in the Super 8 Motel Meeting Room. Wraps, sides, soda and water will be provided. The cost is only \$10.00 per person and space is limited.

You are welcome to bring your own alcoholic beverages to these events.

Please send your money by October 10 to Deb Choiniere, 1696 Valley Vista Drive, York, PA 17406. Checks should be payable to the "YWRW".

Hotel Reservation can be made at the Super 8 State College at the rate of \$53.00 plus tax for up to 4 people. Breakfast is included. Reservations must be made by Aug 30, 2018. Call (814) 237-8005 and request the "Keystone State Volkssport Association" rate.

# State College Pennsylvania

## Fall Foliage Festival of Walks



"A" Award is a 1" hat pin

**Centre County**

**Four Volkswalks  
Friday, Saturday, Sunday  
October 19-21, 2018**

**Sponsored by the  
Keystone State Volkssport Association  
with assistance from the  
Pennsylvania Volkssport Clubs**

AVA: America's Walking Club



Fun, Fitness, Friendship



**SANCTIONED EVENT**

Eligible for credit toward IVV Achievement Awards

# Fall Foliage Festival of Walks

## Four Walks

(also available nearby – Three Year-Round Walks)

**DATE:** Friday, October 19 – Sunday, October 21, 2018.

**SPONSOR:** Keystone State Volkssport Association AVA-PA  
with assistance from the Pennsylvania Volkssport Clubs.

**SANCTIONED BY:** This event is sanctioned by the American Volkssport Association (AVA), a member of the International Federation of Popular Sports. This event counts towards the acquisition of IVV Achievement awards.

**PROCEDURE:** AVA policy requires that every participant, fee or non-fee, sign the insurance waiver and obtain a numbered start card which is stamped at control points along the course. At the Finish, the validated card is turned in and IVV books are stamped for official credit, if the credit fee has been paid. The trail may be walked a second time on the same day using the same start card at no additional cost.

**ELIGIBILITY:** Everyone is welcome to participate. Children 12 and under must be accompanied by an adult. Walk at your own pace. Runners are welcome!

**REGISTRATION and FEES:** This event is free to those who wish to participate without IVV credit. IVV credit is \$3.00. IVV credit with "A" Award is \$7.00. There is no pre-registration. There will be no refunds.

**CONDITIONS:** The event will be held regardless of the weather. There will be no littering. Wildlife and plant life are not to be disturbed. No refunds. Pets must be on a leash at all times and are not permitted in any buildings.

**AWARD:** The "A" Award is a 1" hat pin which features a sassafras leaf. The pin is featured on the cover of this brochure. We have one hundred pins; there will not be a reorder.

**RESTROOMS:** Restrooms are available at the start and at least one other location on each 10K trail.

**REFRESHMENTS:** Water and hard candy will be available at the Start/Finish.

**DISCLAIMER:** The American Volkssport Association or its subsidiary clubs are not responsible for theft or loss of personal belongings or property. All participants must sign a waiver.

**FOR MORE INFORMATION:** Tom Jackson, Home (717) 677-6511, Cell (717) 309-6088, or [thomasjackson@embarqmail.com](mailto:thomasjackson@embarqmail.com)

**WEB SITE:** [http://clubs.ava.org/gen3/data/event\\_details.asp?eventid=110649](http://clubs.ava.org/gen3/data/event_details.asp?eventid=110649)

**Start Location:** Super 8 State College, 1663 S Atherton St., State College, PA 16801

**Registration** on Friday between 9 am – 5 pm, Saturday between 8 am – 4 pm, and Sunday between 8 am – 1 pm. Participants must finish by 4 pm on Sunday.

**AVA Event # AT18/110649 5K & 10K Trails, Rated 2A**

**Town & Gown Walk** – This walk starts at the Super 8 and goes through residential areas and downtown State College plus around the Penn State University campus. This walk is different from the State College YRE and previous Fall Foliage walks; however, it passes some places that are also on the other walks. Do you really want to do a walk on the Penn State Campus that does not pass The Creamery?

*Special Programs: Animals, Bridges, Food, Ice Cream, Inventions,*

**AVA Event # AT18/110647 5K & 10K Trails, Rated 1B**

**State College North Walk** – ALL NEW TRAIL !! After registering, participants must drive about 5 miles to the Target on Colonnade Blvd. Walk starts from the Target and uses sidewalks, street shoulders, and the Bellefonte Central Rail Trail. The walk is in the northern part of State College, on the property of the Penn State Arboretum, and along the edge of the Toftrees development.

*Special Programs: Bridges, City Parks, Water Fountains*

**AVA Event # AT18/110648 5, 8, 10, 13, & 15K Trails, Rated 2B**  
**"Event only available on Friday and Saturday"**

**Pearls of Penns Valley Walk** – After registering, participants must drive to the walks in Penns Valley, which is east of State College. The valley, nestled in Pennsylvania's Appalachian Mountains, is bordered by Nittany Mountain to the north, the Seven Mountains range to the south, and connects to the larger Nittany Valley to the west. Today, it is primarily agricultural with a large number of Amish and Mennonite farms. None of the towns is individually large enough to have a safe and interesting 10K Volksmarch, and so walks of distances from 3K to 5K will be featured in the sweetest parts of Spring Mills, Coburn, Millheim, Madisonburg, and Centre Hall. Participants can walk any town(s) they choose and take IVV distance credit for the distance walked. The AVA insurance policy does not cover participants while they are driving between towns. Walks are on sidewalks, road shoulders, and Coburn uses a future rail trail.

*Special Programs: Bridges, Ice Cream, Post Offices*

**AVA Event # AT18/110645 5K & 10K Trails, Rated 2C**

**Stone Valley Walk** – After registering, participants must drive about 17 miles to Stone Valley. Walk starts at the Park Office and is on the hiking trails at Penn State's Stone Valley Recreation Area. The route goes around Lake Perez and visits the Shaver's Creek Environmental Center. The trail has a natural surface with some rocks, roots, and wet spots.

*Special Programs: Animals, Bridges, Food*

**Nearby Year Round Events sponsored by the Susquehanna Rovers** (Start Box for all three events is at the Super 8):

Boalsburg

State College - Arboretum

State College - Town and Campus