

**Fun Walk for the Family,
2- or 4-legged!**

Saturday, November 3, 2018
Colonial Tavern,
Home to the Irish Brigade
 406 Lafayette Blvd. Fredericksburg, VA 22407
 GPS 38.297874, -77.459006



Start 8am-1pm Finish by 4pm

Event is open to Everyone Pre-registration not required

Germanna Volkssport Association invites you to a fall walk through Alum Spring Park and along the VCR Trail to help area dogs.

Bring marrow bones, bleach, paper towels, or other donations to support the Old Dominion Humane Society. For current needs, visit <https://www.olddominionhumanesociety.org/>

Sponsor: Germanna Volkssport Association (AVA-610) and the Colonial Tavern, Home to the Irish Brigade. This event is sanctioned by the American Volkssport Association (AVA), a member of the International Federation of Popular Sports.

Cost: There is no fee to walk the trails. If desired, AVA/IVV Credit is \$3. Event may be cancelled in severe weather (call 540-809-6227). No refunds.

Award: This is a B award event with past awards for sale.

Contact: Sharon Vines at 540 809-6227 (c)

<https://walkfredericksburg.org> gvasurveyors@gmail.com www.AVA.org

Trails: 5k (1A: wheelchair and stroller accessible), 6k and 10k trails (2A: stairs). Participants can complete 20k for no extra charge..
 Pets welcome on a leash.



AVA Special Programs: Bridges - Spanning the USA; National Parks; Take a Walk in a City Park; United States Post Offices; Treasure Hunt.

IVV Books and Credit: This event counts towards the acquisition of IVV Achievement awards. Distance and Event Record Books and New Walker Packets will be for sale at the event.

Refreshments: Water and candy will be provided at no charge at the start and finish points. Restrooms are located the visitor's center at 706 Caroline Street (shown on map below) and in Alum Spring Park.

Procedures: At the start of the walk, you will receive a start card; fill in your name and other requested information. Carry the card with you and fill it in as needed at the checkpoints. Each participant may only fill out one card. Turn the card in at the finish point so the sponsors can keep track of those still out on the trail. **NOTE:** All walkers must sign a waiver of liability before participating.

Under 16 must be accompanied by an adult. Pets leashed at all times.

Disclaimer: The American Volkssport Association or its subsidiary clubs are not responsible for theft or loss of personal belongings or property. Every effort will be made to make this a safe, enjoyable, and memorable event.

Directions (red marks on maps below)

I-95N exit 130A (Rte. 3 East). Continue on Rte. 3. Turn left on Lafayette Blvd. in 1.6 miles. Continue 1 mile and destination will be on the right.

I-95S exit 133A (US 17 Business S) toward Falmouth. Turn right onto Rt. 1. Turn left onto Pr. Anne St. Turn right onto Lafayette Blvd. Destination will be on the left.

Parking limited in parking lot; free public parking lots (items 3&4 on map below) or at the parking garage corner of Sophia and Wolfe Streets (item 1 on map below)

