

SANCTION: This event is sanctioned by the American Volkssport Association (AVA), a member of the International Federation of Popular Sports (IVV). This event counts for acquisition of IVV achievement awards.

SPONSOR: Peninsula Pathfinders of Virginia (AVA 142)

DATE: Saturday, 11 May 2018

START- POINT: Parker Pavilion Picnic Shelter, Sandy Bottom Nature Park, 1255 Big Bethel Rd, Hampton, VA. GPS: N37° 3.838', W076° 25.9155'

DISTANCE: There is one 5-kilometer (3.1 mile) trail and one 10 kilometer (6.2 mile) trail. The 10-kilometer walk may be completed a second time for credit at no additional fee.

ELIGIBILITY: Everyone! Children under 12 must be accompanied by an adult. Groups are welcome.

START AND FINISH TIMES: 9:00 am to noon, finish by 3:00 pm.

WALK FEES: The cost is \$10.00 for the award and credit. The credit only fee is \$3.00. There is no fee just to walk the trail--but you **MUST** carry a start card. There will be no refund of any monies paid.

EVENT AWARD: The event award is rectangular patch, 4 in X 3 in, multi-colored, showing the Red-Eared Slider. There will only be 20 awards and the award will not be reordered. To be guaranteed an award you should pre-register. Registration form is on the back of the brochure.

PROCEDURES: At the start point, each participant will be issued his/her own start card, which must be signed and personally presented at the control points for stamping. The individual start cards will be turned in at the finish table after completing the event.

FOR FURTHER INFORMATION: Please call Sandy Croushore, (757) 476-5789, email szcroushore@verizon.net.

SPECIAL ACTIVITIES: This event will be in conjunction with the Peninsula Pathfinders' annual picnic. You will have an opportunity to visit with other walkers and talk about Volkssporting.

SPECIAL PROGRAMS CLASSIFICATIONS: Walking the USA "H" for Hampton, Virginia Cities program - Hampton, Take a Walk in City Park, Treasure Hunt

CONDITIONS: Pets are permitted on this event; however, they must be on a 6-foot leash. Water will be available at the start point and at the checkpoint. Restrooms are available at the start point. Litter must be deposited in the designated containers. This event will be held regardless of most weather conditions.

IVV CREDIT: All previous participants of IVV events are reminded to bring their IVV books to this event. You may purchase new books at the event.

COURSE DESCRIPTION: Trail Rating 1B. The trails will be along the paths inside the park through wetlands, marshes, wildflowers, hardwood forest. Parts of the walk trails are on the shoulders of the roads. The trails may be difficult for wheelchairs and strollers. The City of Hampton is sponsoring this event as a Litter Free Event and will pass out litter bags at the walk.

SANDY BOTTOM NATURE PARK: Hampton's premier park is a 456 acre environmental education and wildlife management facility. Born from borrow pits and garbage dumps, the park is truly a success story of reclamation of our natural resources. From the 10,000 square foot nature center overlooking Sandy Bottom Lake to the elusive creatures that inhabit the wetland marshes, there is something for everyone at the Sandy Bottom Nature Park. WEBSITE: www.hampton.va.us/sandybottom

DISCLAIMER OF LIABILITY: The American Volkssport Association or its subsidiary club, nor the city of Hampton or Sandy Bottom Park, are not responsible for theft or loss of personal belongings or property. All participants must sign a waiver. The sponsor will make every reasonable effort to make the event safe, educational and enjoyable.

WHAT IS A VOLKSMARCH?

A non-competitive walk event where a participant follows a marked trail at his/her own pace, stopping at points for a "control stamp", rest, and refreshments. Volksmarches are aimed at getting all people, regardless of age, out-of-doors to exercise non-competitively. Many senior citizens participate regularly. Many parents bring their children with them, carrying infants (or use strollers or wagons where the terrain allows). More information can be found at www.ava.org.

EVERYONE IS A WINNER! When awards are available, each participant who purchases a start card and pays the award fee receives an attractive commemorative award upon completion of the trail. Participants may enroll in the international (IVV) awards program by purchasing the proper record books (event, distance, or both). Completing all or part of the trail entitles the participant to a certification stamp for the record books. Upon completion of a record book, the owner receives a certificate, a hatpin, and a patch, in recognition of reaching a certain milestone.

DIRECTIONS: Located at the corner of Hampton Roads Center Parkway (West) and Big Bethel Road (600) in Hampton, Virginia. From I-64, take exit 261A, which will bring you directly to Hampton Roads Center Parkway. Cross Big Bethel Road and turn right into the park. After you enter the park the restroom and the playgrounds are on your right. Park in the parking area on the left. Start point is across from the parking lot in the Parker Pavilion.

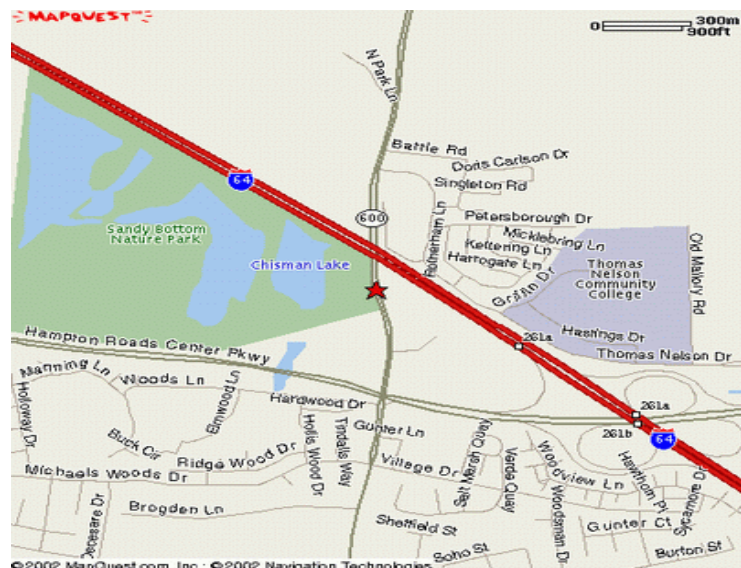
REGISTRATION:

Mail pre-registration to: Peninsula Pathfinders, c/o Sandy Croushore, 302 Queens Crescent, Williamsburg, VA 23185, by April 28, 2019.

Name	Award \$10.00	Credit only \$3.00	Walk Free

ADDRESS: _____

CITY, STATE AND ZIP CODE: _____



PENINSULA PATHFINDERS OF VIRGINIA


SANDY BOTTOM NATURE PARK HAMPTON, VIRGINIA

11 May 2019

5 Kilometer Walk (3.1 miles)
10 Kilometer Walk (6.2 miles)
Trail Rating: 1B
Event Number: AT19-113576

THIS WALK IS A LITTER FREE EVENT!

**PENINSULA PATHFINDERS
SANDY BOTTOM NATURE PARK**



**RED-EYED SLIDER
MAY 11, 2019**

AVA: America's Walking Club



SANCTIONED EVENT

Eligible for credit toward IVV Achievement Awards