

REGISTRATION FORM: May we email you the directions?

_____ Yes _____ No

Make Checks Payable to "Virginia Volkssport Association" Mail to: Virginia Volkssport Association 3 Delmont Court Hampton VA 23666	Credit Only \$3.00	Non-IVV Participant \$3.00
City of Norton		
Gates City Scott County		
Jonesville Lee County		
Wise Wise County		
City of Bristol		
Total		

In consideration of being allowed to participate in any way in AVA volkssporting programs and related events and activities, the undersigned:

1. Agrees that before or during my participation, if I believe anything is unsafe, I will immediately advise the event supervisor or other person in authority at the volkssporting program and the related events and activities of such conditions and refuse to participate.
2. Acknowledges and fully understands that each participant will be engaging in activities that involve the risk of serious injury, including permanent disability and death and severe social and economic losses which might result not only from my own actions, inactions or negligence of others, or the condition of the premises, the trail or any equipment used. Further, that there may be other risks no known to us or not reasonably foreseeable at this time.
3. Assumes all the foregoing risks and accept personal responsibility for the damages following such injury, permanent disability or death.
4. Release, waive, discharge and promise not to sue the American Volkssport Association, its affiliated clubs, their respective administrators, directors, agents, or other volunteers and employees of the organization, other participants, sponsoring agencies, sponsors, advertisers and if applicable, owners and leasers of premises used to conduct the event, all of which are hereinafter referred to as "releases", from demands, losses or damages on account of injury, including death or damage to property, caused or alleged to be caused in whole or in part by the negligence of the release or otherwise.

Print:

Name _____

Address _____

City/State/Zip _____

Email Address _____

Signature _____ Date _____

VIRGINIA VOLKSSPORT ASSOCIATION

2018 Seasonal Walking Events

April 1 – September 30, 2018

CROOKED ROAD, VIRGINIA COUNTIES AND A CITY, WALKING THE USA - STREET BY STREET, ETC.

City of Norton

Gate City - Scott County

Jonesville - Lee County

Wise - Wise County

City of Bristol

CREDIT AND NON-IVV PARTICIPANT ONLY PRE-REGISTRATION REQUIRED



SANCTION: These events are sanctioned by the American Volkssport Association, a member of the International Federation of Popular Sports (IVV). These events count for acquisition of IVV achievement awards.

ELIGIBILITY: Everyone is welcome! Participants may walk, jog, or run the trails. Children under 12 must be accompanied by an adult. Groups are welcome.

IMPORTANT NOTICE Completed Start Cards must be mailed by October 1 since the Event Stamps will be returned to AVA Headquarters by the ninth day.

REGISTRATION PROCEDURES **Pre-registration is required.** Mail pre-registration form and fees to: Virginia Volkssport Association, 3 Delmont Court, Hampton VA 23666-5509. Start Cards, driving and walking maps, and trail instructions will be sent by return mail or email. Stamped insert cards will be mailed to the participant for each event completed after your completed start card is received..

AWARD/FEES: Please pay by check. No refunds. IVV Credit Only Fee: \$3.00 each event. Non-IVV Participant Fee: \$3.00 each event. A non-IVV participant is an individual who participates without obtaining IVV credit. The \$3.00 will be used to defray the cost of printing and postage.

CONDITIONS: All these trails are in the southwest area of Virginia so there are several hills along the routes. The trails must be completed during daylight hours. With registration for these events, the participant accepts the guidelines for AVA Volkssport walks and agrees to observe the principles of good sportsmanship. All pets are to be kept on a leash (6 feet or less) at all times and owners are responsible for cleaning up after their pet. Water and restrooms will be available at the start point for most of the events. You should carry water on all the trails, especially during summer months. Litter must be deposited in the designated containers. Strollers are fine on the trails. Wheelchairs may have difficulty with the hills.

DISCLAIMER OF LIABILITY: The American Volkssport Association or its subsidiary clubs are not responsible for theft or loss of personal belongings or property. The sponsor will make every reasonable effort to make the event safe, educational and enjoyable.

POINT OF CONTACT: Annette Tollett, 3 Delmont Court, Hampton VA 23666-5508, (757) 766-3065, or email: ahtollett3@gmail.com.

MORE INFORMATION: information about volksmarching and location of events is available at www.ava.org.

CITY OF NORTON (6/10 KM)

AT 2018-Y0696

The trail goes along sidewalks and shoulders of road in the city of Norton. Norton is home to the Country Cabin which is known for country music. Trail Rating: 2A. SPECIAL PROGRAMS: Bridges - Spanning the USA, U S Post Offices, Walking the USA - Street by Street - AK, AZ, CA, CO, IA, IL, IN, KS, MD, MI, MO, MT, NC, NE, NJ, NY, OH, TX, UT, WA, WI, as well as Virginia Cities and The Crooked Road.

JONESVILLE - LEE COUNTY (5/10 KM)

AT 2018-Y0014

This trail goes along sidewalks and shoulders of road in the town of Jonesville. Jonesville was the location of a Civil War battle during January 1864. This was a rare winter battle. Trail Rating: 2A. SPECIAL PROGRAMS: Walking the USA - Street by Street - AK, AL, AR, AZ, CA, GA, KS, KY, IA, IL, IN, LA, MA, MD, ME, MI, MN, MO, MS, MT, NE, ND, NH, NJ, NY, OH, OK, PA, SC, SD, TN, TX, UT, VA, VT, WI, WV, as well as Virginia Counties and The Crooked Road.

GATE CITY - SCOTT COUNTY (5/10 KM)

AT 2018-Y0615

This trail goes along sidewalks and shoulders of road in the town of Gate City. Gate City is named after the gap that pioneers and Native Americans passed through. Trail Rating: 2A. SPECIAL PROGRAMS: Walking the USA - Street by Street - AL, AR, CA, FL, GA, IA, ID, IL, KS, KY, LA, MA, MD, ME, MI, MN, MO, MS, MT, NC, ND, NE, NH, NM, NJ, NY, OH, PA, RI, SC, TN, TX, UT, VA, VT, WA, WI, WV, WY, as well as Virginia Counties and The Crooked Road.

WISE - WISE COUNTY (5/11 KM)

AT 2018-Y0253

This trail goes along sidewalks and shoulders of road in the town of Wise, as well as on the University of Virginia's College at Wise. Wise was named Gladeville until after the Civil War. Trail Rating: 2A. SPECIAL PROGRAMS: Walking the USA - Street by Street - , IL, KS, MD, MI, MS, NH, PA, SC, TN, TX, WV, as well as Virginia Counties and The Crooked Road.

CITY OF BRISTOL (5/10 km)

AT 2018-Y0627

This trail goes along sidewalks and shoulders of road through the city of Bristol, VA/TN. The City of Bristol crosses the state line and the trail will be in both Virginia and Tennessee. Trail Rating: 2 A, SPECIAL PROGRAMS: Border Crossings, Take a Walk In a City Park, United States Post Offices, Walk the USA - Street by Street - AL, AK, CA, FL, GA, IA, IL, IN, KY, KS, MA, ME, MD, MN, MO, NC, NH, OH, PA, RI, SC, TX, VA, WI. On 10-kilometer trail only: AR, CT, IA, LA ,MI, MS, MT, ND, NE, NM, NY, OK, OR, SD, TN, VT, WV, Walking the Path of Inventions, as well as Virginia Cties and The Crooked Road.