

Directions to Start/Finish: Bladensburg Waterfront Park

4601 Annapolis Road, Bladensburg, MD 20710

GPS: (N38° 56.3658', W076° 56.3601')

Park Web Site:

http://www.pgparcs.com/Things_To_Do/Nature/Bladensburg_Waterfront_Park.htm

From Washington D.C., take New York Avenue East. Turn North on Bladensburg Road. Pass Peace Cross on left. You are now on MD Route 450. Take 1st right into Bladensburg Waterfront Park. There is a sign at the entrance.

From Maryland, from the Beltway, take exit 23 which is Kenilworth Avenue (route 201) South towards Bladensburg. Go five miles. After traffic light for Upshur Street intersection, go right on exit ramp to MD Route 450 (Annapolis Road). Go left at end of exit ramp onto Route 450 West. Park Entrance is 2 short blocks on the left.

Greenbelt Volksmarchers invite you to join us for:

YRE's

Greenbelt City 5k/10k walks and **Greenbelt National Forest** 10k, **Swim**, all staging at the Greenbelt Aquatic Center 101 Centerway, Greenbelt, MD 20770

College Park Walk 5k/10k and **Bike** 13/25/50+k both starting at Pilots Lounge College Park Airport, Operations Building 1909 Corporal Frank Scott Drive College Park, MD 20740.

National Mall Walk 7/11/17k and **Iwo Jima Memorial Walk** 10/12k
Columbia Plaza Apartments 2400 Virginia Ave, NW, Washington DC 20037

Port O'Bladensburg

Bladensburg Waterfront Park



Saturday September 8, 2018

Great Greenbelt Volksmarchers (AVA 481)

5K, 6K & 10K Volksmarch

Event AT18/110444

YRE Bike

Event 2018/Y1044



DATE: Saturday September 9, 2018

START LOCATION: Bladensburg Waterfront Park 4601 Annapolis Road, Bladensburg, MD 20710.

START/FINISH: Start anytime between 9:00 AM and 1:00 PM. All walkers must finish by 4:00 PM.

TRAIL DESCRIPTION: There are 5k, 6k and 10k trails AVA rating 1B. All trails go beside the Anacostia River on the Anacostia River Trail and The Anacostia Trail. The 6k and 10k go into the Port Town of Bladensburg passing the Magruder, Market Masters, and Bostwick Houses. The 10k trail follows the Star Spangled Trail through the port cities of Cottage City and Colmar Manor. There will also be a 10k all on the Anacostia River Trail to highlight the new sections of the trail. All distances are almost totally on paved paths and sidewalks with a very short distance of natural surface. All distances are suitable for wheelchairs and strollers.

AMENITIES: Water, candy and restrooms available at the Start/Finish and restrooms are available along the walk.

SPECIAL PROGRAMS: Bridges, Boardwalks Walk the USA - Street By Street, and Walking America's Ports of Call

SPONSOR: Great Greenbelt Volksmarchers AVA 481

SANCTION: This event is sanctioned by the American Volkssport Association (AVA), a member of the International Federation of Popular Sports. This event counts towards the acquisition of IVV Achievement Awards.

PROCEDURE: AVA policy requires that every participant, fee or non-fee, sign the insurance waiver and obtain a numbered start card which is stamped at control points along the course. At the Finish, the validated card is turned in and IVV books are stamped for official credit, if the credit fee has been paid. The trail may be walked a second time on the same day using the same start card at no additional cost.

ELIGIBILITY: Everyone is welcome to participate. Children 12 and under must be accompanied by an adult. Walk at your own pace.

REGISTRATION: Each walker must register at the start by filling out a start card to be carried throughout the walk. Children under 12 must be accompanied by an adult during the walk.

FEES: Our walk is free. IVV credit is \$3.00. Children under 12 may earn IVV credit for no charge at all events sponsored by the Great Greenbelt Volksmarch Club. New walker packets will be available for \$5.00 and Event Books for \$6.00.

CONDITIONS: The event will be held in all reasonable weather conditions. There will be no littering. No refunds. Pets allowed but must be kept on a leash at all times, pet owners must pick up after pets. Trash and recycling containers are available at the start and along the trail.

PARKING: There is plenty of free parking at the start. See driving directions.

AWARD: IVV Credit only.

INFORMATION. For more information, contact Yvonne Pennington 301-431-6668, GreenbeltMVA@gmail.com,

DISCLAIMER: The American Volkssport Association and its subsidiary clubs are not responsible for theft or loss of personal belongings or property. Reasonable efforts will be made by the sponsors to make this a safe, enjoyable and memorable event.

COLLEGE PARK YRE BIKE: This start is on the College Park YRE Bike trail. From the start you can do the section of the bike all on the Anacostia River Trail and we will have registration and a second stamp for anyone who would like to do the bike.