

CHESSIE

CBCW CLUB MEETINGS AT 7:00 P.M., 1ST THURSDAY

DECEMBER 4TH, 2008 ←

FEBRUARY 5TH, 2009

APRIL 2ND, 2009

ANNE ARUNDEL COUNTY POLICE STATION,
WESTERN REGION. AT CORNER OF TELEGRAPH
RD. (RT 170) AND CROSSROADS DRIVE,
ODENTON, MD

Nov 1st - All Saint's Day
Nov 2nd - **Daylight Savings Time Ends**
Nov 4th - **Election Day**
Nov 11th - Veterans Day
Nov 12th - 1st drive-thru bank 1946
Nov 20th - UN Universal Children's Day
Nov 27th - **Thanksgiving Day**
Nov 30th - Mark Twain born 1835

VISIT THE CBCW HOME PAGE AT:
[HTTP://WWW.MDVOLKS.ORG/CBCW/](http://www.mdvolks.org/cbcw/)

WHERE WE HAVE LINKS TO THE AVA, MVA, AND
HOME PAGES OF OTHER CLUBS. OUR UP-TO-DATE
EVENT LIST IS ALSO AVAILABLE ON OUR WEBSITE.

**HAPPY
VOLKSMARCHING!!**



From the President's Desk

By Mike Quinlan

Our next event is getting closer. Remember to come out with your friends and family to enjoy a very nice walk at Watkins Regional Park in Upper Marlboro, MD. The start/finish is at the Watkins Nature Center, inside the park. There is ample parking and Chef Bob Schmick will be grilling his famous wurst.

The trail consists of two 5 kilometer loops. One loop is entirely on paved paths, level, and very stroller or wheelchair friendly. That loop also passes by The Old Maryland Farm (domestic and farm animals) and a nice, modern playground. The second loop is mostly on natural surface paths and is a little more challenging, especially in wet weather.

We will be conducting a workers' walk on Sunday, November 9, at 1 p.m. Meet at the Nature Center if you want to participate. Trail marking will take place on Friday, November 14, at 1 p.m.

We can use help with trail marking and tear-down, start point setup, and staffing the start/finish. If you can help for a couple of hours, please let me, or Volunteer Coordinator Deb Peak, know.

You will soon be seeing a significant change in our newsletter, The Chessie. Our dedicated editor, Rich Long, is also taking over as editor of Pathways, the newsletter of the Columbia Volksmarch Club.

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In an effort to save Rich some work, and probably save the clubs some money, we have decided to publish a joint newsletter, starting with the December 2008 issue. Please be assured that the clubs are not merging; we remain active and independent of one another. Thanks to John Dye, the CVC president, for agreeing to this change.

The start of the holiday season is upon us. I wish everyone a Happy Thanksgiving and hope to see you out on the trail, before and after turkey.

Important Questionnaire

By Rich Long, Editor

Please complete the CBCW questionnaire included in the newsletter as soon as possible and return as indicated on the questionnaire. It is positioned in the newsletter for easy removal for you to mail. If you are an e-mail recipient of the newsletter, please print out those two pages for completion and mailing.

Thank you!!

Upcoming Newsletter Changes

By Rich Long, Editor

Beginning with the December 2008 issue, the Columbia Volksmarch Newsletter "Pathways" will be combined with the CBCW Newsletter "CHESSIE" under the new title "CHESSIE Pathways." This has come about in large part by the departure of the "Pathways" Editor, Bill Guion (with his wife Shiras) to a warmer climate (they hope) in Georgia in January to be near their grandchildren. Oh, almost forgot – their daughter and son-in-law also live with the grandchildren!

There will be articles in the newsletter pertaining specifically to each club with an article from each clubs' President (Mike Quinlan and John Dye). Gen-CBCW is a Member of the Maryland Volkssport Association

eral Volksmarching news picked from the Internet and other sources will continue to appear in each issue as well as the event walk list. Please bear with us as we work out some of the kinks that may arise.

Starting Point 2009 Books

By Rich Long, Editor

CBCW has ordered 10 AVA **Starting Point 2009** books 8 of which are spoken for. There are 2 copies not spoken for at this time. If you would like one of these, please let **me** know by phone or e-mail (301.776.6395 or rglongret@verizon.net). The just announced AVA price to the club is \$17.00 each. The club will absorb the AVA shipping cost which is above and beyond the \$17.00 book cost.

Vancouver International Discovery Walk Festival

From the Internet

Welcome! We are excited to see you again at the Vancouver International Discovery Walk Festival, April 24-26, 2009 in Vancouver, Washington, USA. Wherever you are from in the world, come celebrate your heritage and enjoy a weekend of walks, bikes, and swims.

Come see the full info at:

<http://www.discoverywalk.org>

Columbia Feet First YRE CHANGE

By John Dye(CVC)

After 29 years (22 under the current folks-friendly management), Feet First is moving. They are moving to bigger spaces in the Hickory Ridge Village Center. The re-opening was October 27. We will run the 2008 YRE registration from there but it will mean you will have to drive to Wilde Lake to walk.

- Directions to Hickory Ridge are the same as to our current YRE at the Hickory Ridge Sunoco.
- Directions: From Baltimore, MD, take I-95 South. From Washington D.C., take I-95 North.
- From Interstate 95, take Route 32 West (Exit 38) toward Columbia for 4 miles. Exit at Cedar Lane (Exit 17). Proceed approximately 3/4 mile to the light at Freetown Road just past the Hickory Ridge Village Center, and turn right.
- Enter the second entrance to the Village Center on the right (Sunoco station on the left) and park at the Village Center parking lot to the right.

Our Web Site–

<http://www.mdvolks.org/cbcw>

CHESSIE PATHWAYS Deadlines for Articles

By the Editor

Do you want to submit articles for the CHESSIE PATHWAYS (C P)? If so, here is the **deadline** for the submission of articles to your Editor through March 2009.

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NEWSLETTER	ARTICLE DUE DATE TO EDITOR
December C P	Nov 21, 2008
January C P	Dec 17, 2008
February C P	Jan 23, 2009
March C P	Feb 18, 2009

Recent CBCW Member

IVV Achievements

None to Report	
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Remember This!!

Everywhere is “walking distance” if you have time.

What will it take to get you re-energized with volkssporting?

By Ron Looper

The CBCW club has a new president with a lot of enthusiasm and a desire to try to find ways to increase participation at every level of our club, from just plain walking at events, to volunteering at all phases of event activities, to meeting attendance.

Are you willing to help achieve the goal of increasing participation and volunteering at volkssporting events? How about starting by giving us your responses to the following questions.

1. What would you like to see or hear at club meetings?

2. We meet bi-monthly on a Thursday evening at 7 pm.

- a. Is that too often?
- b. Not often enough?
- c. Is Thursday a good day for you?
- d. If you prefer a different day, which one(s).
- e. What about the time? Too late, too early?

3. We meet at the Western District Police Station in Odenton.

- a. Is that a good location for you?
- b. If not, do you have a suggested location?

4. Would you like to have outside speakers at the meetings?

- a. Only on walk-related topics?
- b. What other topics?

5. Would you attend the meetings if:

- a. There was an invited speaker?
- b. Light refreshments were served?
- c. There was a sanctioned walk before the meeting?

6. Would you consider becoming an officer in the club?

- a. If not a titled position, how about as an assistant?

7. Do you have suggestions for event start points and trails?

- a. Would you consider becoming the POC for an event?

8. Would you volunteer to help the club:

- a. on the day of an event?
- b. by being the POC for a YRE for a year?
- c. by finding a new trail?
- d. by marking a trail before an event?

